



Contextual Safeguarding: Student Wellbeing Survey

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Contextual Safeguarding Student Survey

Background

Contextual Safeguarding (CS) is an approach to safeguarding that supports practitioners to recognise and respond to the harm young people experience outside of the home.¹ This student survey guidance forms part of the *Contextual Safeguarding Schools Assessment Toolkit* and has been developed by The University of Bedfordshire with Hackney Children and Families Service. This part of the toolkit has been designed to help schools carry out a contextual assessment of harm.

This student survey can be used by schools to help form a broader assessment of risk in the school environment or used on its own. In this toolkit we provide an example student survey that can be adapted to suit the concerns and needs of individual schools.

The document includes:

- Guidance for carrying out a student survey
- Appendix A: Student Wellbeing Survey

Student survey

Student surveys provide an opportunity for students to give feedback and raise concerns. While the surveys are anonymous they can support schools to identify any issues – positive or negative – that may be affecting their school life. We advise asking students to complete the survey in an allocated classroom time, this can be done on a paper copy by printing the survey below, or online by using an online survey tool (such as Survey Monkey). The survey can be completed on a one-off basis or at regular intervals (annually/ bi-annually) to support ongoing monitoring of student wellbeing.

Once the surveys have been completed you will need to enter the results into a database system in order to analyse the results. [Survey Monkey](#) is a free survey software tool that allows you to disseminate surveys and input and analyse results. If you have asked information on students' gender, as in the example below, you may analyse the results accordingly. You may wish to ask for additional personal details if that is what you want to analyse against.

Once you receive responses and have analysed the results it is important that any concerns are followed up and that an intervention plan is developed for issues that arise. Some of these may relate to concerns outside of the school, for example a particular location where young people feel unsafe. It is important that these are raised with the local authority. The first point of contact within the local authority will vary between local areas. Actions that result from the student survey should be disseminated to the students so that they know their voice and opinions are taken seriously. There is a risk with anonymous surveys that a student will make a disclosure which cannot then be followed up; it is therefore important that students are made aware of who they can contact for support if they wish to share information.

We would value any feedback you have once you have used the survey. Please send your feedback to the Contextual Safeguarding Team.

For more guidance and advice on the student survey please visit the [Evidence Based Practice Unit](#) and the [Anti-Bullying Alliance](#).

¹ Visit www.contextualsafeguarding.org.uk for more information.

Student Wellbeing Survey

This survey is **anonymous** so please do not write your name on this form

Year Group:

Date:

Gender: please tick one or describe your own:

Female

Male

Transgender

Other.....

For each statement, please circle a number from 1 to 5, to show if you agree or disagree. E.g. if you feel happy most of the time at school, circle '5'. There are no right or wrong answers.

	Strongly disagree	Disagree	Unsure	Agree	Strongly agree
I feel happy at school	1	2	3	4	5
I feel happy at home	1	2	3	4	5
I worry about things a lot	1	2	3	4	5
I find it difficult to control my anger	1	2	3	4	5
I try to work out problems by talking about them	1	2	3	4	5
I feel hopeful about the future	1	2	3	4	5
I feel under pressure to do well at school	1	2	3	4	5

	Strongly disagree	Disagree	Unsure	Agree	Strongly agree
Most of my friends are my age	1	2	3	4	5
Most of my friends are older than me	1	2	3	4	5
I have some good friends in this school	1	2	3	4	5
I have some good friends outside of school	1	2	3	4	5
I find it easy to speak to other people my age	1	2	3	4	5
I feel like there is an adult (at home, school or outside of school) who cares about me	1	2	3	4	5

	Strongly disagree	Disagree	Unsure	Agree	Strongly agree
I have arguments with my friends, or other students, in school	1	2	3	4	5
I get into arguments with my friends, or other students, outside school	1	2	3	4	5
I get into arguments with my friends, or other students, online	1	2	3	4	5
I have arguments with teachers	1	2	3	4	5
I find it easy to speak to my teachers or school staff	1	2	3	4	5
School staff see and know what is happening inside the classroom	1	2	3	4	5
School staff see and know what is happening outside of the classroom	1	2	3	4	5
	Strongly disagree	Disagree	Unsure	Agree	Strongly agree
Other pupils tease me at schools	1	2	3	4	5
I am hit, kicked or pushed by other pupils	1	2	3	4	5
Other pupils have say bad things about me when I'm not there (including online)	1	2	3	4	5
I feel under pressure to do things that my friends are doing	1	2	3	4	5
Another student has used a mobile phone or the internet to embarrass or threaten me	1	2	3	4	5
I have posted something online about another student that I later wished I hadn't	1	2	3	4	5
Sexual harassment happens at school	1	2	3	4	5
I have made another student kiss, touch or take part in a sexual activity	1	2	3	4	5
A student has forced me to kiss, touch or take part in a sexual activity with them	1	2	3	4	5
In the last month, how often did you feel things were going well for you at school?	Not often		Sometimes	Often	
In the last month, how often did you feel like you were unable to cope with school?	Not		Sometimes	Often	

often

	Strongly disagree	Disagree	Unsure	Agree	Strongly agree
I feel safe in the local area around school	1	2	3	4	5
There are some places in the local area I wouldn't go because I don't feel safe	1	2	3	4	5

If you agreed, please write the specific location/s where you don't feel safe:

	Strongly disagree	Disagree	Unsure	Agree	Strongly agree
School is a place where I feel safe	1	2	3	4	5
There are some places in school I wouldn't go because I don't feel safe	1	2	3	4	5

If you agreed, please write the specific location/s where you don't feel safe:

Do you spend time with your parents/carers?	None at all	Sometimes	Often
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Do you take part in after school activities or lunchtime clubs in school? Or have other hobbies or groups outside of school?	None at all	Sometimes	Often
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If so, which ones? Please write here:

Is there anything else that you think should have been asked on this survey about students' wellbeing? Please write here:

If something is worrying you after completing this survey, and you want to talk to someone, please contact a member of staff, or [include contact details].

You can also contact Childline, the free confidential service for young people, on 0800 1111 or by email on their website: www.childline.org.uk

****Thank you for completing the survey****