



Achieving Change Together (ACT)

SUMMARY

A strength and relationship-based model to find alternatives to high cost and secure accommodation for young people experiencing, or at risk of, exploitation

DESCRIPTION

Achieving Change Together (ACT) is a project developed in Rochdale and Wigan and co-designed with young people. The project aims to find alternatives to high cost and secure accommodation for victims of, or those at increased risk of, child sexual exploitation. It relies on a strengths, relationship, evidence-based and 'future-focused' model for working with young people at risk of exploitation. The model is built around an ACT worker who adopts the ACT principles and takes the time to build a meaningful and trusting relationship with the young person, providing them with intensive, early support. This worker takes the young person through the ACT pathway in order to help them identify their goals and together build a plan. The project has proved successful in reducing escalations and placements.

WHO IS THIS FOR?

Social workers and young people

FIND OUT MORE

Read more about the project [here](#)